

WELCOME TO OUR

THIRD NEWSLETTER

- *Training Workshops for youth workers*
- *Local piloting*
- Dissemination & Exploitation



Welcome to the third edition of the EmpowerCanvas newsletter!

Since the launch of our Erasmus+ project in April 2024, our team—led by Portugal with partners in Croatia and Germany—has been working hard to empower youth through creativity, resilience, and innovative learning tools.

In this issue, we're excited to share recent highlights from our journey as we approach the final phase of the project. From capacity-building workshops to local piloting and dissemination events, a lot has been accomplished—and there's still more to come!

In this newsletter you will find:



Training Workshops for Youth Workers

- We successfully organized a series of capacity-building workshops aimed at equipping youth workers with innovative tools and methodologies aligned with the EmpowerCanvas approach.
- The process began with partners collaboratively developing a methodology to effectively transfer knowledge and train youth workers in the use of the project's core tools – the Journey to Resilience board game and the ARTMIND platform, which includes worksheets and a comprehensive resource library.
- Following this, each partner organized local training sessions and engaged youth workers who work directly with at-risk youth. Through these sessions, the youth workers not only explored the tools in depth but also helped identify and share real-life stories and experiences of the young people they support.



A hand is shown moving a blue chess piece on a board. The board features various educational icons and text, including 'INTELIGENTIA', 'MATHS', 'SCIENCE', 'ARTS', 'SPORTS', 'MUSIC', 'DANCE', 'GARDENING', 'COOKING', 'CRAFTS', 'GARDENING', 'COOKING', 'CRAFTS', 'GARDENING', 'COOKING', 'CRAFTS'. The board is divided into sections with different colors and patterns, representing different educational fields.

Following the training workshops, partners collected valuable feedback from youth workers and trainers to refine and improve the project tools. Once revisions were made, the focus shifted to identifying and engaging youth learners for the piloting phase.

Each partner then carried out local piloting sessions, working directly with young people – particularly those facing challenging circumstances. These sessions were designed to build resilience, helping participants develop greater confidence, soft skills, and a sense of empowerment. The ultimate goal: to better equip them for employment, the transition to adulthood, and navigating life's challenges with greater self-assurance.



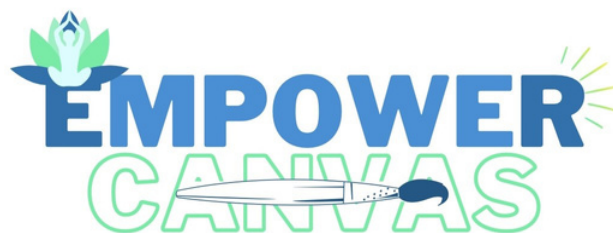
Dissemination & Exploitation

The project was shared through local outreach and featured at broader events, helping spread EmpowerCanvas tools and build interest among youth professionals and stakeholders.

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